

HEALTH AND WELLBEING BOARD

27 MARCH 2019

	Report for Resolution
Title:	Smoking in Nottingham City
Lead Board Member(s):	Alison Challenger, Director of Public Health, Nottingham City Council
Author and contact details for further information:	Shade Agboola, Consultant in Public Health, Nottingham City Council
Brief summary:	This report sets out the prevalence and impact of smoking in Nottingham City. It provides the Health and Wellbeing Board with an update on progress to reduce smoking-related harm and makes recommendations to the Health and Wellbeing Board to strengthen the partnership approach.

Recommendation to the Health and Wellbeing Board:

The Health and Wellbeing Board is asked to:

Smoking in Pregnancy

- a. Support the LoveBump campaign across their organisations.
- b. Support the achievement of the Council Plan commitment to reduce smoking rates at the time of delivery.
- c. Ensure the NHS Long Term Plan commitment to provide pregnant women and their partners with a new NHS stop smoking pathway, including support, is designed alongside existing non-NHS funded services.

Smoking Cessation

- d. Employers are asked to create awareness about the new Smoking Cessation Service (*Stub-it*).
- e. Encourage citizens who smoke to seek support via their GPs, especially if they are in one of the target groups for the service.
- f. Trusts are asked to support the referral of patients who are smokers in target groups to the new service.

Implementation of the NICE guidance supporting cessation in secondary care (PH48)

- g. Support continued implementation of PH48 in NUH.
- h. Review current policies and ensure that provision is made for staff, patients and families who wish to vape on site.
- i. Support staff in the delivery of brief advice through completion of the "Very Brief Advice Training Module" by the National Centre for Smoking Cessation Training (NCSCT).

Vaping and E-cigarettes

- j. Review current smoking cessation policies in organisations.
- k. Consider expanding current policy to include recognition that e-cigarettes are 95% less harmful than cigarettes.

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| <p>I. Support staff, patients and clients who wish to vape by considering the provision of dedicated vaping locations/areas on site.</p> |
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Contribution to Joint Health and Wellbeing Strategy:	
Health and Wellbeing Strategy aims and outcomes	Summary of contribution to the Strategy
Aim: To increase healthy life expectancy in Nottingham and make us one of the healthiest big cities	This report contributes directly to achieving outcome 1 of the Joint Health and Wellbeing Strategy 2016-2020: Children and adults in Nottingham adopt and maintain healthy Lifestyles.
Aim: To reduce inequalities in health by targeting the neighbourhoods with the lowest levels of healthy life expectancy	
Outcome 1: Children and adults in Nottingham adopt and maintain healthy lifestyles	
Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical health	
Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill health well	
Outcome 4: Nottingham's environment will be sustainable – supporting and enabling its citizens to have good health and wellbeing	

How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health
Smoking is more prevalent in people with mental health problems. The new targeted smoking cessation service will support smokers with mental health problems to quit.

Background papers: <i>Documents which disclose important facts or matters on which the decision has been based and have been relied on to a material extent in preparing the decision. This does not include any published works e.g. previous Board reports or any exempt documents.</i>	None
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